

**OFFICIAL**

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State/Territory: Maine

DEFINITION OF SPECIALIZED SERVICES

The State's specialized services will be provided in accordance with the final rules for 42 CFR 483, Subpart C, Preadmission Screening and Annual Review of Mentally Ill and Mentally Retarded Individuals, published in the Federal Register of November 30, 1992.

The State's specialized services for people with mental retardation are continuous active treatment programs which include aggressive, consistent implementation of a program of specialized and generic training, treatment, health services and related services.

The State's specialized services for people with mental illness are any mental health service developed by an interdisciplinary team and which prescribes specific therapies and activities that are directed at diagnosing conditions, reducing symptoms and achieving a level of functioning that permits reduction in the intensity of mental health services. Currently, the State does not have a system that can deliver the intensity of services designated as specialized service in a nursing facility. Residents requiring the level of care indicated by the determination that specialized service are required would need to be transferred to a State psychiatric hospital or a public or private hospital that provides psychiatric services. Currently, these are the only places within Maine where 24 hour supervision by trained mental health professionals is available.

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